



FREE · NO-PREP · GRAB AND GO

The No-Prep Week

A whole week of lessons, sorted, for the Sunday night when there's no time left.

★

Prep – Year 2 · ages 5–7

WHAT'S INSIDE

- ★ A ready-made weekly timetable
- ★ Maths, writing, spelling & handwriting sheets
- ★ Print it tonight, teach it tomorrow
- ★ Nothing dated, re-use it any week

Your week, sorted

Print the pack once. Each session, grab the sheet named in the box.

	Mon	Tue	Wed	Thu	Fri
Morning 9:30–11:00 <i>Maths</i>	Maths Set A	Maths Set B	Maths Set A	Maths Set B	Maths quiz (A or B)
After lunch <i>English</i>	Writing: My weekend	Quiet read + reading log	Writing: Finish the story	Quiet read + reading log	Draw & label / free write
After afternoon tea <i>Spelling & handwriting</i>	Spelling list + look-cover-write	Handwriting: letters	Spelling: in sentences	Handwriting: words & a line	Spelling test (read in pairs)

How to use this pack

- Photocopy one of each sheet per child, that's the whole week covered.
- Quiet-reading and story slots need no printout. Got five spare minutes? Read a picture book aloud, it settles the room and grows readers.
- Nothing here is dated, keep the master copies and re-use any week.

A calm, ready-made week to lean on when time is short, adapt anything to suit your class.

Maths, Set A

Name: _____

Date: _____ Ages 5–7

Addition and subtraction to 20. Work down each column. Write the answer on the line.

1) $15 - 11 =$ _____

13) $19 - 5 =$ _____

2) $11 + 7 =$ _____

14) $2 + 2 =$ _____

3) $7 - 5 =$ _____

15) $3 + 4 =$ _____

4) $6 - 2 =$ _____

16) $5 + 1 =$ _____

5) $3 + 7 =$ _____

17) $6 - 5 =$ _____

6) $7 - 5 =$ _____

18) $10 - 7 =$ _____

7) $7 + 3 =$ _____

19) $8 + 7 =$ _____

8) $8 - 5 =$ _____

20) $19 - 6 =$ _____

9) $7 - 5 =$ _____

21) $8 + 1 =$ _____

10) $7 + 1 =$ _____

22) $10 - 9 =$ _____

11) $10 + 4 =$ _____

23) $3 + 2 =$ _____

12) $2 + 2 =$ _____

24) $9 - 6 =$ _____

Score: /

Maths, Set B

Name: _____

Date: _____ Ages 5–7

Times tables and counting. Fill in each blank.

Count in 2s, 5s and 10s:

2 4 ____ 12 ____

5 10 ____ 30 ____

10 20 ____ 60 ____

Times tables:

$2 \times 1 = \underline{\quad}$

$5 \times 1 = \underline{\quad}$

$10 \times 1 = \underline{\quad}$

$2 \times 2 = \underline{\quad}$

$5 \times 2 = \underline{\quad}$

$10 \times 2 = \underline{\quad}$

$2 \times 3 = \underline{\quad}$

$5 \times 3 = \underline{\quad}$

$10 \times 3 = \underline{\quad}$

$2 \times 4 = \underline{\quad}$

$5 \times 4 = \underline{\quad}$

$10 \times 4 = \underline{\quad}$

$2 \times 6 = \underline{\quad}$

$5 \times 6 = \underline{\quad}$

$10 \times 6 = \underline{\quad}$

$2 \times 8 = \underline{\quad}$

$5 \times 8 = \underline{\quad}$

$10 \times 8 = \underline{\quad}$

Score: /

Writing

Name: _____

Date: _____ Ages 5–7

Pick a prompt (or do both across the week). Draw first if it helps, then write.

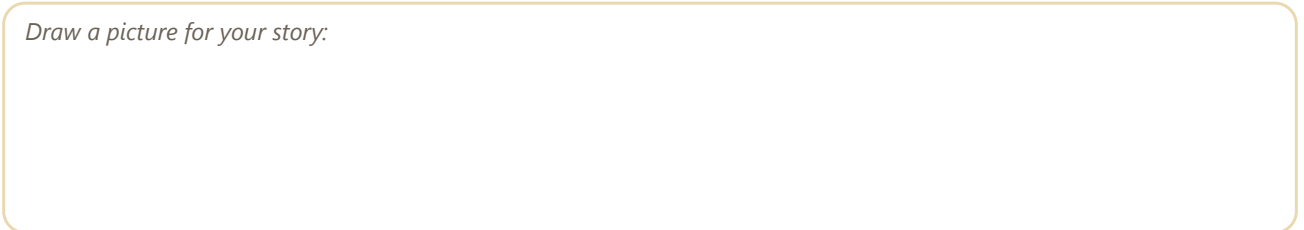
1. My weekend

What did you do? Who were you with?

2. Finish the story

"One morning, the little door simply would not open..."

Draw a picture for your story:



Spelling

Name: _____

Date: _____ Ages 5–7

This week's words. Look, cover, write, check, twice each. Then use three in a sentence.

Word	Look, cover, write	Write it again	Test it
the			
and			
said			
you			
they			
was			
are			
have			
like			
here			

Use three of your words in a sentence:

.....

.....

.....

Handwriting

Name: _____

Date: _____ Ages 5-7

Trace and copy. Sit tall, hold your pencil softly, and take your time.

Letters:

a a a b b b c c c d d d

m m m n n n s s s t t t

Words:

cat dog sun play

the and here good

Copy the sentence:

The sun is up and the day is good.

Reading log

Name: _____

Date: _____ Ages 5–7

Each quiet-reading time, write the book you shared and colour a star. Re-reading favourites counts too.

Book we read	How it went	Star
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★
	great ok tricky	★

More free, no-prep resources each month.

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